

*Digging into God's Word*



# *Psalms*



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## Digging Into the Word

I am so glad you are taking time to dig into the Word of God. What an amazing opportunity we have to grow in our understanding of God Himself and learn about the life and sacrifice of Christ. I hope you enjoy taking time to go verse by verse and chapter by chapter. I pray that you will grow in your faith and experience the love of the Savior whose biggest desire is to have a relationship with you.

## Acknowledgment

I would like to thank Bradie Peebles for designing the cover of this study. Her gifts and talents are greatly appreciated!

## Sources

For all 'Bible Notes', I used my study Bible which is the ***Holman Christian Standard Bible***. All websites used are noted within the text for additional study resources.

*God Bless!*

## Book 5 of Psalms: (Chapters 107-150)

### **Psalm 107: Thanksgiving for God's Deliverance**

Vs. 1- Jot this down to remember each day:

Vs. 2-3- What do those who have been redeemed by the Lord need to do?

(Bible Notes- God does for His people what they cannot do for themselves. Those who have experienced God's deliverance need to speak up to let others know of their praise to God for His wonderful works of deliverance. The poet then cites a variety of examples of the steadfast, unchanging love of the Lord.)

Vs. 4-5- What circumstances are described here?

Vs. 6- What did they do in this time of need?

What was God's response?

Vs. 8- What should be the response to God when He delivers and cares for us?

This is not just a gift of deliverance for the people of Israel. Who is said to be the recipients of God's faithful love?

Have you ever felt like you have been wandering aimlessly through life feeling unsatisfied? God will hear your cry, put you back on the right path, and provide for your needs. Just call out to Him.

Vs. 10-12- What are others experiencing and why?

Vs. 13- What did they do in their time of need?

Vs. 13-14- What was God's response?

Vs. 15- What should be the response to God when He delivers and cares for us?

To whom does God's faithful love extend?

Have you ever been overwhelmed by darkness and gloom? Do you have chains of bad decisions or hard circumstances holding you down? God will hear your cry for help. You are not alone, and He wants to bring freedom and light back to your life through His grace and mercy.

Vs. 17-18- What are these rebellious ones called and why?

Vs. 19- What did they do in their time of need?

Vs. 20- What was God's response?

Vs. 21- What should be the response to God when He delivers and cares for us?

Have you found yourself suffering from the consequences of sin or rebellion in your life? Call out to God for forgiveness and He can forgive and renew your life. He hears when we earnestly call out to Him.

Vs. 23-27- Where are these people and what happens to them?

Vs. 27-28- Although they were skilled, they were powerless in this storm. What did they do?

Vs. 28-30- What was God's response?

Vs. 31-32- What should be the response to God when He delivers and cares for us?

Have you ever felt like your life was out of control and hardships were coming from every direction? Have you felt as if you are drowning in challenges? God hears your cry for help and will come to you in the storms of life and bring you to safe harbor with Him.

Vs. 33-34- God has ultimate power and control. What happens when wickedness of people is commonplace?

Vs. 35-38- On the contrary, how can He pour out blessings on those who seek Him? Explain the details in each verse:

Vs. 35-

Vs. 36-

Vs. 37-

Vs. 38-

Vs. 39-40- How does God intervene if His followers are oppressed?

Vs. 41-42- What is the outcome of God's intervention?

God sees all needs, hears our cries for help, rights our wrongs, and is the provider of all.

Vs. 43- Jot this down to remember:

### **Psalm 108: A Plea for Victory**

Vs. 1-5- The psalm begins with praise and adoration to God. These verses are a great example of the praise due God even today. What is expressed in each verse?

Vs. 1-

Vs. 2-

Vs. 3-

Vs. 4-

Vs. 5-

Vs. 6- What is his prayer?

Vs. 7-9- It says, “God has spoken in His sanctuary”. What are His words reflected in these verses?

Vs. 7-

[What is the importance of Shechem in the Bible? | GotQuestions.org](#)

[What is the Valley of Succoth in the Bible? | GotQuestions.org](#)

Vs. 8-

[What is the significance of the land of Gilead in the Bible? | GotQuestions.org](#)

[What can we learn from the tribe of Manasseh? | GotQuestions.org](#)

[Who was Ephraim in the Bible? | GotQuestions.org](#)

[What can we learn from the tribe of Judah? | GotQuestions.org](#)

Vs. 9-

[What is the significance of Edom in the Bible? | GotQuestions.org](#)

[Who were the Philistines? | GotQuestions.org](#)

Vs. 10-11- What is being asked of God and why?

Vs. 12-13- What is the only way for them to win in battle?

(Bible Notes- Vs. 1-5 are found in Ps 57: 7-11; verses 6-13 appear in Ps 60: 5-12. The psalmist praises God with a steadfast heart. He prays for deliverance and deems the help of human beings worthless. Only God could bring the deliverance for which the poet longed. This psalm, like those immediately preceding it, celebrates God's faithful love.)

### **Psalm 109: Prayer Against an Enemy**

[What is imprecatory prayer? | GotQuestions.org](#)

Vs. 1-5- The psalmist prays to God and asks Him not to be silent, then he pleads his case before Him. What is going on here?

Vs. 6-15- The psalmist proceeds to unload his frustration in prayers of judgment, calamity, and curses upon his enemy. What is his prayer?



Vs. 16-18- In his anger and frustration, he continues to try to justify himself. How does he elaborate about his enemy?

Vs. 22-25- It is obvious this was a very bad person who inflicted much misery on many people, especially the psalmist. His anger seems justified. How has this enemy caused additional harm to him?

Despite how angry we may be with an enemy; Jesus speaks about praying differently for our enemies. [What does it mean to pray for your enemies? | GotQuestions.org](https://www.gotquestions.org/What-does-it-mean-to-pray-for-your-enemies.html)

After reading the link, what is different about Jesus' perspective and teaching regarding praying for our enemies?

Vs. 26-27- His prayer then becomes more God-focused. What does he pray and why?

Vs. 28-30- How does he compare and contrast his actions with the enemy's actions?

Vs. 31- What is he confidently waiting for God to do?

When the psalmist changed his focus from vengeance toward his enemy to praise and confidence in God's help and might, how did his tone change?

How might that shift in focus carry him, and us, through very difficult times?

[What are practical ways to depend on God alone? | GotQuestions.org](#)

### **Psalm 110: The Priestly King**

(Bible Notes- The initial setting of this psalm may have been the occasion when David brought the ark of the covenant to Jerusalem (2 Sm 6:12), where it was viewed as a visible sign that the Lord had established His throne there. When Jesus cited a portion of this psalm, He referred to David as the speaker (Mt 22:41-46). The hymn is messianic since its words were fulfilled in Jesus Christ.)

Vs. 1-7- Each verse declares encouragement and power to the king and ultimately is fulfilled in Jesus Christ. Look at each verse and explain what it says about the king.

Vs. 1-

[What does it mean that “the Lord said to my Lord”? | GotQuestions.org](#)

[What is the significance of a footstool in the Bible? | GotQuestions.org](#)

Vs. 2-

[What is the scepter of God? | GotQuestions.org](#)

Vs. 3-

Vs. 4-

[Who was Melchizedek? | GotQuestions.org](#)

Vs. 5-

[Why does Scripture emphasize the right hand of God? | GotQuestions.org](#)

Vs. 6-

(Bible Notes- In this battle scene, the Lord has been variously viewed as either Yahweh or the Messiah, effecting God's final judgment on the world.)

Vs. 7-

(Bible Notes- The imagery suggests that the hero pauses to drink at a brook he crossed. Refreshed, he then presses on to total victory. Ultimately that hero is the Messiah. The early church recognized the messianic character of this psalm. The New Testament itself frequently refers or alludes to Ps 110 in relation to Christ (e.g., Mt 22:44; Ac 2:34-35; 1 Co 15:25; Heb 1:13; 5:6; 6:20; 7:17; 8:1; 10:12-13). The psalm is a testimony to the faith of God's people. The psalm's original setting as celebrating God's divinely appointed king came to full fruition when Jesus of Nazareth was identified as the Messiah-King. God has indeed set Jesus at His right hand. To Christ alone has been given power and authority, an authority demonstrated by sacrificial love. Jesus is both our great High Priest and King).

### **Psalm 111: Praise for the Lord's Works**

(Bible Notes- Psalm 111 is a good example of a Hebrew acrostic poem. Each of its 22 lines begins with a successive letter of the Hebrew alphabet.)

Vs. 1- How is the Lord to be praised?

Vs. 2-3- How does the poet describe God's works?

Vs. 4-9- God has caused His wonderful nature and works to be remembered. What does each verse explain about God's greatness?

Vs. 4-

Vs. 5-

Vs. 6-

Vs. 7-

Vs. 8-

Vs. 9-

Vs. 10- This is an important verse to remember. Jot this down:

[How is the fear of the Lord the beginning of wisdom? | GotQuestions.org](#)

### **Psalm 112: The Traits of the Righteous**

(Bible Notes- This psalm is also an acrostic poem that contrasts the blessings of the righteous with the fate of the wicked (Ps 1). Most of the verses of this poem elaborate on the blessing that belongs to upright people. The emphasis falls on the dependable or stable character of the person living in right relationship with the Lord (vv 6-8). Such an individual will persevere in doing good even in life's testing times (Jms 1:6-8).

Vs. 1- How are people who have reverence and fear of God described?

Vs. 2-9- Each verse shares qualities of character that are exhibited by those who live for God. Explain:

Vs. 2-

Vs. 3-

[What does the Bible say about wealth? | GotQuestions.org](#)

Vs. 4-

[What does it mean that the light shines in the darkness \(John 1:5\)? | GotQuestions.org](#)

Vs. 5-

Vs. 6-

Vs. 7-

[What does the Bible say about trust? | GotQuestions.org](#)

Vs. 8-

Vs. 9-

[What is righteousness? | GotQuestions.org](#)

Vs. 10- How do wicked people respond to the righteous acts of those living for God?

### **Psalm 113: Praise to the Merciful God**

(Bible Notes- In Jewish tradition, Pss 113-118 are known as the *Hallel*. These psalms are sung in the morning services of the major Jewish feasts and holy days: on the day of Passover sacrifice; at the Festival of Weeks (Pentecost); on each of the eight days of Festival of Booths; on each of the eight days of the dedication of the temple. In addition, they are sung on the night of the Passover meal. Pss 113-114 are sung before the meal and Pss 115-118 are sung after the meal. According to some, Pss 113-116 are to be recited or sung after the *Haggadah* (Hb, “telling”), the Passover liturgy recounting the story of the redemption of Israel from Egypt, and Pss 117-118 after the meal (see Mt 26:30).

[What are the Hallel Psalms? | GotQuestions.org](#)

Vs. 1-3- This psalm celebrates and gives praise to God! When should we praise God?

Vs. 4-9- Who is like God? What are some of His attributes listed here that demonstrate His love and power?

What a loving, caring God!

### **Psalm 114: God's Deliverance of Israel**

(Bible Notes- Psalm 114 celebrates God's mighty acts of deliverance on behalf of His people. God delivered His people from bondage in Egypt. The designations *house of Jacob* and *Judah* are alternate ways of referring to Israel. The Lord parted the sea as His people came out of Egypt and also parted the Jordan River when they entered the promised land. He provided water for His children during their wanderings in the wilderness. Nature reverently and joyfully participated in these acts of the Lord (vv 4-6). God's majestic presence should still prompt His people to tremble in awe before Him (vs 7).

Vs. 1- From where had God rescued the people of Israel?

Vs. 2- \_\_\_\_\_ became His sanctuary and \_\_\_\_\_, His dominion.

Vs. 3-8- These verses refer to miraculous accounts of God's provision. (Read: Ex 14:21-29, Joshua 4:1-24, Ex 17: 1-7, and Numbers 20:1-14)

What powers of God are depicted?

Have you had moments in your past that are worth remembering and celebrating?

Give God praise daily for His love, protection, and provision!

### **Psalm 115: Glory to God Alone**

Vs. 1- What is the psalmist saying of God and why?

Vs. 2- What were other nations asking?

Vs. 3-8- Yahweh is in heaven contrary to the idols being worshiped by many surrounding nations. How does the psalmist describe their idols?

Vs. 9-11- What is he telling the Jewish people and why?

Although this addresses Israel, God is the help and shield for all His children!

Vs. 12-13- What is he confident about?

[What does it mean to be blessed? | GotQuestions.org](https://www.gotquestions.org/What-does-it-mean-to-be-blessed?)

Vs. 15-16- Unlike the idols mentioned previously, God is the Maker of \_\_\_\_\_ and \_\_\_\_\_. What does he say about each?

Vs. 17-18- God is due \_\_\_\_\_ both now and forevermore!

[What does it mean to praise the Lord? | GotQuestions.org](https://www.gotquestions.org/What-does-it-mean-to-praise-the-Lord?)

### **Psalm 116: Thanks to God for Deliverance**

Vs. 1-2- Why does the psalmist say he loves the Lord?

Vs. 3-4- What were his circumstances when he called to God to save him?

Vs. 5- How does he describe God?

Vs. 6- Who does God guard?

Vs. 7-8- Why does he have such confidence in the Lord?

Vs. 10- Even when he was “severely afflicted” what did he do?

Vs. 12-14- What does he do to show his appreciation to God?

Vs. 15-16- How does he describe himself to God?

Are you aware of all the provision and care God gives you? Are you taking time to thank Him? Are you living your life so everyone around you knows you love and serve Him? He is due our utter devotion and praise!

### **Psalm 117: Universal Call to Praise**

Vs. 1-2- For whom is this psalm written?

Jot down verse 2 to remember:

(Bible Notes- This psalm, the shortest in the book of Psalms, nevertheless is a powerful universal call to worship. *All nations* and *people*, not just the people of Israel, are called to praise the Lord for His faithful love and faithfulness. Verse 1 is cited in the New Testament in support of an exhortation to believers, both Jews and Gentiles, to “accept one another” (Rm 15:7).

### **Psalm 118: Thanksgiving for Victory**

Vs. 1- This is the theme of this psalm. Jot this down to remember:

Vs. 2-4- Who are mentioned to say, “His faithful love endures forever”?

Vs. 5- Like the psalmist, we can call to the Lord in our \_\_\_\_\_.

Vs. 6- Jot this down to remember:



Vs. 7- How is the Lord described here?

Vs. 8-9- God is trustworthy. This says it is better to trust in the Lord than in who?

Vs. 10-13- What is the psalmist recalling and how did God help?

Vs. 14- Another great verse to remember! Jot this down:

Vs. 15-17- What was the reaction to God's powerful intervention to save him?

Vs. 18- What does the psalmist say about the Lord?

[When, how, and why does the Lord God discipline us when we sin? | GotQuestions.org](#)

Vs. 19-21- Why is he overwhelmed with thankfulness to the Lord?

The Lord alone is our salvation!

Vs. 22- This is a verse which is a reference to Christ. Read the link below for clarification.

[What does it mean that Jesus Christ is the cornerstone? | GotQuestions.org](#)

Vs. 24- Jot this verse down and post it somewhere to recall and remember:

Each day is a priceless gift. Live accordingly.

Vs. 25-29- These verses depict such celebrations and gratitude! What does he say?

## **Psalm 119: Delight in God's Word**

[What should we learn from Psalm 119? | GotQuestions.org](#)

(Bible Notes- Psalm 119 is the longest poem in the book of Psalms and the longest chapter in the Bible. An acrostic poem, each of the psalm's 22 stanzas begins with a successive letter of the Hebrew alphabet, and the first word of each line in a stanza begins with that particular letter—a technique that can be observed only in the Hebrew text. Notice that the Hebrew letter along with its name is printed at the beginning of each stanza. The theme of celebrating God's law is readily apparent in the poet's use of eight terms for the law, which appear in almost every verse of the psalm).

Vs. 1-3- What leads to happiness?

Pause for a moment and reflect on your life's priorities. Are you seeking Him with all your heart?

Vs. 4-6- What is the apparent struggle?

Vs. 7- "I will praise You with a \_\_\_\_\_ when I learn of Your righteous judgments".

Vs. 9- This question applies to all people in every generation. What does he ask?

How does he then answer his question?

Vs. 10- His sincerity is evident. How does he seek God and what does he desire?

Vs. 11- Why is he treasuring God's word in his heart? (A great verse to jot down!)

[How can I have God's Word hidden in my heart \(Psalm 119:11\)? | GotQuestions.org](#)

Vs. 12- What is his prayer?

Vs. 13-16- The psalmist writes several “I will” statements, all of which we can imitate. What does he say he will do in each verse?

Vs. 13-

Vs. 14-

Vs. 15-

Vs. 16-

Vs. 17-19- What is his prayer?

Vs. 21-22- He does not want to be counted with those who wander from God’s commands, so what does he ask?

Vs. 23-24- How does he identify himself and how does he view God’s statutes and decrees?

Vs. 25- In hardship, what does he ask of God?

Vs. 26-27- Again, he asks God for help in his life. What does he long for?

Vs. 28- How is he feeling here and what will bring him strength?

Vs. 29- What does he want to avoid and how will he do that?

Vs. 30-32- These verses show his desire to faithfully follow God. What does he express in each?

Vs. 30-

Vs. 31-

Vs. 32-

From whom does he gain knowledge and understanding?

Vs. 33-39- Seeking God's intervention in his life to fully devote himself to God, he asks for very specific things in these verses. Explain:

Vs. 33-

Vs. 34-

Vs. 35-

Vs. 36-

Vs. 37-

Vs. 38-

Vs. 39-

Vs. 40- What is his source of life?

Vs. 41- This verse is a beautiful prayer! Jot this down:

Vs. 42-48- He faced hardships and was being taunted, so he reiterates to God his hope and dependance on Him. Explain:

Vs. 42-

Vs. 43-

Vs. 44-

Vs. 45-

Vs. 46-

Vs. 47-

Vs. 48-

Vs. 49- From what does he find hope?

Vs. 50- In his affliction, what brings him comfort and life?

Vs. 51-53- What difficulties is he facing?

Vs. 54-56- To help guide him through this earthly life, what does he do?

Vs. 57-58- How does he strive to live his life?

Vs. 59- When tempted to live life his own way, what does he do?

Vs. 60-61- When faced with danger from the wicked, what does he do?

Vs. 62-64- He is overwhelmed with gratefulness to God. What does he say?

Vs. 65-66- What does he ask of God and why?

[What does the Bible say about discernment? | GotQuestions.org](https://www.gotquestions.org/What-does-the-Bible-say-about-discernment/)

Vs. 67- What had happened before he was afflicted?

Now, on what does he rely?

Vs. 69- When faced with enemies who smear his character and lie about him, what does he do?

Vs. 71-72- How does he view his time of affliction and why?

Vs. 73- What does he acknowledge?

For what does he pray and why?

Vs. 74- In what does he put his hope?

Vs. 75- What does he say of God's judgments?

Vs. 76- What has God promised?

Vs. 77- What does he ask of God and why?

How does he view God's instruction?

Vs. 78-80- The psalmist continues to be slandered by arrogant people spreading lies about him. What does he say about them?

He wants to lead others who know God's decrees, so what is his prayer?

Vs. 81- "I long for Your \_\_\_\_\_; I put my \_\_\_\_\_ in Your \_\_\_\_\_".

Vs. 82- How is he feeling and why?

Vs. 83- Despite his weariness in waiting, what does he say?

Vs. 84- For what is he waiting?

[Why is waiting on God so difficult? | GotQuestions.org](#)

Vs. 85-87- What is he enduring from his persecutors?

Vs. 88- Despite all of this hardship, what is his prayer? (Jot this down to remember).

This is a bold faith! [How can I increase my faith? | GotQuestions.org](#)

Vs. 89- What does he say about God's word?

Vs. 90- For whom is God's faithfulness?

What does he mean when he says, "You established the earth, and it stands firm?"

Vs. 92- What does he admit here?

Vs. 93- How has focusing on God's precepts and depending on God affected his life?

Vs. 94-96- Even though the wicked hope to destroy him, where is his focus and why?

Vs. 97-105- The psalmist expresses very specific ways God's word and instruction effect his life.  
Explain:

Vs. 97-

Vs. 98-

Vs. 99-

Vs. 100-

Vs. 101-

Vs. 102-

Vs. 103-



Vs. 104-

Vs. 105-

[How is God's Word a lamp to my feet \(Psalm 119:105\)? | GotQuestions.org](#)

Vs. 106-108- He has sworn to keep God's righteous judgments. This does not mean hardships will never come. What troubles does he endure?

What does he ask of God?

Vs. 109-110- His life is not easy. What is happening?

How does he endure this hardship?

Vs. 111- What is the joy of his heart?

Vs. 112- To what has he committed?

Vs. 113- He expresses hate for those who are double-minded but love for God's

\_\_\_\_\_.

Vs. 114- This verse is a great summary and picture of his faith and trusting God. Jot this down to remember:

What is the purpose of shelter?

What is the purpose of a shield?

God is both for all believers and has given us His word, so we have tangible access to Him.

Vs. 115-117- As he faces challenges, how does he pray?

Vs. 118-120- Reflecting on God's judgment, what does he say?

[What does the Bible say about when God will judge us? | GotQuestions.org](#)

Vs. 121- 122- As he continues to endure hardship, what does he pray?

Vs. 123- What does he express?

Vs. 124-125- In the midst of his struggle and weariness, what is his prayer?

Vs. 126-128- Why is he eager for God to act?

The psalmist is careful to \_\_\_\_\_ all God's \_\_\_\_\_.

Vs. 129- Why does he obey God's decrees?

Vs. 130- What can people gain from the revelations from God's word?

Vs. 132-135- Within each verse he prays very specifically to God. Explain:

Vs. 132-

Vs. 133-

Vs. 134-

Vs. 135-

Vs. 136- How does he react to People not following God's instruction?

Vs. 137-138- How does he describe God and His actions?

Vs. 139- How is he feeling and why?

Vs. 140- How does he describe God's word?

Vs. 141-144- Within these verses he describes his challenges and the means by which he forges on through these hardships. Explain:

Vs. 141-

Vs. 142-

Vs. 143-

Vs. 144-

Are you turning to God and His word, even when times are hard?

Vs. 145-149- Within these verses we hear fervent prayers to God. What does he need from God?

Vs. 145-

Vs. 146-

Vs. 147-

Vs. 148-

Vs. 149-

Where does he find strength in these long days and sleepless nights?

We, too, can call out to God anytime, day or night. His word is meant to guide, instruct, teach, and console. You do not have to go through life alone and in pain.

Vs. 150-151- He is pursued by those with evil plans. What is his comfort?

Vs. 153-154- He continues his prayer during his affliction. What does he ask from God?

Vs. 155- Why is salvation far from the wicked?

Vs. 156-How does he describe God?

Vs. 157-158- What disgusts him about his persecutors?

Vs. 159-160- He says, "Give me life according to Your \_\_\_\_\_ . The entirety of Your \_\_\_\_\_ is \_\_\_\_\_ and all Your \_\_\_\_\_ endure forever."

Vs. 161- Despite his persecution, what is his only fear?

Vs. 162-168- Within these verses we see his sheer love and unwavering belief and hope in God. Explain:

Vs. 162-

Vs. 163-

Vs. 164-

Vs. 165-

Vs. 166-

Vs. 167-

Vs. 169-176- Within these final verses he continues his earnest prayer and his outpouring of faith in God. In each verse, what does he ask and how does he continually honor God?

Vs. 169-

Vs. 170-

Vs. 171-

Vs. 172-

Vs. 173-

Vs. 174-

Vs. 175-

Vs. 176-

(Bible Notes- The final stanza of this psalm constitutes a plea for deliverance in order that the psalmist might praise the Lord (vs. 175; cp. 51:14-15). He, however, had nothing to offer but a cry and a plea. His words reflect a posture of total dependency on the Lord. His appeal for understanding expresses his desire to know God's Word and to discern how to respond to his present difficulties in a manner that reflected his faith in the Lord. In faith the psalmist anticipates joyfully expressing thanks for the Lord's answer to his prayer. God's hand represents His power to deliver His children. This stanza reiterates a common theme of the entire poem- faithfulness to God's Word).

What can we learn from this psalm and apply to our lives?

## **Psalm 120: A Cry for Truth and Peace**

(Bible Notes- This collection of 15 pilgrim psalms is called the Songs of Ascents or the Songs of Degrees. Although the songs of ascents may not have originally been composed for the purpose of being sung by pilgrims on their way to Jerusalem, they probably were also sung by worshipers as they went up to the holy city to celebrate the great festivals each year. Some scholars believe the psalms were sung as the pilgrims actually ascended the steps of the temple itself. Some of the individual psalms reflect other purposes, but as a collection they accurately reflect not only the journey of the pilgrim to Jerusalem but also progression in the Christian life. In addition, these psalms constitute a major part of what are known as the *Great Hallel* psalms (Pss 120-136).

[What are the Songs of Ascent? | GotQuestions.org](#)

Vs. 1-2- What did he do in distress and what was his prayer?

Vs. 3-4- He wants those with lying and deceitful tongues to see God's punishment. What does he say will happen?

Vs. 5- Why has he been in misery?

[Who are Meshech and Tubal in the Bible? | GotQuestions.org](#)

[What is the significance of Kedar in the Bible? | GotQuestions.org](#)

Vs. 6- What was the problem with where he lived?

Vs. 7- This verse explains their conflict. What does he say?

## **Psalm 121: The Lord Our Protector**

Vs. 1-2- Here the psalmist asks and answers a powerful question. What does he say?

Vs. 3-4- What does he call the Lord in these verses?

How does he describe this protection?

Vs. 5-6- How is the Lord described and how does He protect?

Vs. 7- What does he say the Lord will do?

Vs. 8- Jot this down to remember:

[What does the Bible say about protection? | GotQuestions.org](#)

### **Psalm 122: A Prayer for Jerusalem**

[What is the significance of the city of Jerusalem? | GotQuestions.org](#)

Vs. 1-2- When it was said, “Let us go to the house of the Lord”, where were they going?

Vs. 3-4- How was the city built and for whom?

What was the ordinance of Israel?

Vs. 5- What is another name for Jerusalem?

Vs. 6-7- What is the prayer for Jerusalem?

Vs. 8-9- The temple resided in Jerusalem. What was it called and what did they seek for the city?

### **Psalm 123: Looking for God's Favor**

Vs. 1-2- Their eyes look to God in heaven, and how does he describe their position?

On what are they waiting?

Vs. 3-4- Why are they praying for God's favor?

[What does the Bible say about waiting? | GotQuestions.org](https://www.gotquestions.org/What-does-the-Bible-say-about-waiting?)

### **Psalm 124: The Power of the Lord**

Vs. 1-5- What does David profess here?

Vs. 6-7- How does he describe God's protection?

Vs. 8- This verse is as relevant now as it was then. Jot this down to remember:

### **Psalm 125: Israel's Stability**

Vs. 1- Why does the psalmist say, "those who trust in the Lord are like Mt. Zion"?

[What is Zion? What is Mount Zion? What is the biblical meaning of Zion? | GotQuestions.org](https://www.gotquestions.org/What-is-Zion?What-is-Mount-Zion?What-is-the-biblical-meaning-of-Zion?)

Vs. 2- What does this say about Jerusalem?

Vs. 3- What does he pray?



Vs. 4- What does he want for those whose hearts are upright?

Vs. 5- What happens to those who turn away from God?

[What are the blessings God promised Israel for obedience? | GotQuestions.org](#)

[Why should we pray for the peace of Jerusalem? | GotQuestions.org](#)

### **Psalm 126: Zion's Restoration**

(Bible Notes- The psalmist focuses on the joyful return of the exiles from captivity in Babylon as permitted by the decree of Cyrus, king of Persia, in 539-538 B.C. (see Ezra 1:1-4). In this song of ascents, the psalmist encouraged God's people to persevere, despite the new adversities they encountered, know that better days lay ahead (cp Ps 85).

Vs. 1- When the Lord restored the fortunes of Zion, how did they feel?

Vs. 2-3- As they were filled with joy and laughter, what did they and other nations say?

Even the surrounding nations knew God's hand was on the nation of Israel.

Vs. 4- What does he pray?

Vs. 5-6- What is depicted within these verses?

Hang on during times of hardship, because God will see you through.

[What are some Bible verses about encouragement? | GotQuestions.org](#)

### **Psalm 127: The Blessing of the Lord**

(Bible Notes- This is the only song of ascents connected with Solomon (cp Ps 72). Solomonic can mean "to Solomon", "for Solomon", or "by Solomon". It conveys the sense of "belonging to" Solomon either in the sense of authorship or of this psalm belonging to his collection).

Vs. 1-2- What point is he making?

[What does it mean that “unless the Lord builds the house” the builders labor in vain \(Psalm 127:1\)? | GotQuestions.org](#)

Vs. 3- How does he describe children?

[What does it mean that children are a heritage from the Lord \(Psalm 127:3\)? | GotQuestions.org](#)

Vs. 4- To what does he compare the sons?

Vs. 5- Why does he say this man with many sons will be happy?

### **Psalm 128: Blessings for Those Who Fear God**

(Bible Notes- The shared themes of Ps 127 and 128 invite readers to view them as a pair. Psalm 128 declares the blessings of everyone who fears the Lord. The positive results of walking in His ways and thereby demonstrating authentic reverence for the Lord are depicted in terms of productive work and a thriving family).

Vs. 1- What brings happiness in life?

[How is the fear of the Lord the beginning of wisdom? | GotQuestions.org](#)

Vs. 2-4- In what ways does God bless the lives of those who walk in His ways with reverence for Him?

Vs. 5-6- What additional blessings are mentioned here?

### **Psalm 129: Protection of the Oppressed**

(Bible Notes- In this song of ascents, the people of Israel recall those who had afflicted them in the past. God’s people had suffered repeatedly at the hands of their enemies, and God again and again had delivered His people (cp. 124:1-2).

Vs. 1-3- What is the psalmist recalling?

Vs. 4- How did the Lord intervene on behalf of Israel?

Vs. 5-8- What does he say about those who hate Zion, their enemies?

(Bible Notes- Following a prayer for divine judgment on the enemies of God's people, the psalm concludes with a threefold curse on Israel's enemies, who are viewed also as the Lord's enemies).

### **Psalm 130: Awaiting Redemption**

(Bible Notes-This song of ascents is also one of the seven penitential psalms recognized by the ancient church. In the Old Testament, *depths* always describe water in the sense of its overwhelming power to drown (69:2, 14; Is 51:10; Ezk 27:34). Such "depths" serve as a metaphor for the human experience of trouble, guilt, or destruction, from which there is no possibility of escape or survival without God's intervention (cp. Jonah's experience, Jnh 2:3-5). The psalm links "the depths" with a fear that should grip every human heart: What if the Lord held on to sins with no hope of His ever overlooking them?)

Vs. 1-2- What do these verses portray?

Vs. 3- This is still very true. What does he say?

Vs. 4- What does God provide and what is that outcome?

Vs. 5-6- What does the psalmist say here?

Where does he find hope?

Vs. 7-8- In these verses Israel is specifically addressed. However, these truths are relevant to all believers. Jot down these verses and place your own name in the context.

[What is the meaning of Christian redemption? | GotQuestions.org](http://GotQuestions.org)

These last two verses sum up living a life with God at the lead. We can put our hope in His faithful love and receive redemption in abundance because He forgives, redeems, and loves us so deeply. Be thankful to God for this amazing gift and blessing!

### **Psalm 131: A Childlike Spirit**

Vs. 1- How does the psalmist describe himself?

Vs. 2- Why does he describe himself like a weaned child with his mother?

Vs. 3- In whom does he put his hope?

### **Psalm 132: The Choice of David and Zion**

Vs. 1-2- What is the psalmist asking God to remember?

Vs. 3-5- What was David's oath?

(Bible Notes- The worshipers are reminded of David's desire to build a house for the Lord ( 2 Sm 7:1-2). This psalm may have been composed specifically to celebrate the bringing of the ark to Jerusalem (see 2 Sm 6:12-19). The title *Mighty One of Jacob* signifies the grace the Lord had shown to Jacob in guiding, protecting, and blessing the patriarch (Gn 49:24; 2 Sm 7:1). The plea for the lord to remember David is a cry for the Lord to act favorably in keeping with His covenant with David).

Vs. 6- What does this verse speak of?

[What is the Ark of the Covenant? | GotQuestions.org](http://GotQuestions.org)

Vs. 7- Where did they want to go and why?

(Bible Notes- David's commitment to the Lord led him to determine to bring the ark of the covenant to Jerusalem and have a temple built to serve as its dwelling place. David is concerned for the Lord's presence with His people. The bringing of the ark to Jerusalem ushered in a new era of God's rule over His people. The Lord's footstool was a reference to the ark, which represented God's rule on earth. The psalmist prays, on behalf of His servant David, that the Lord will not reject His anointed one (i.e., Solomon, who carried out David's dream of building the temple) or one of the kings of Judah).

Vs. 8- What does he ask of the Lord?

Vs. 11-12- What was the oath the Lord swore to David?

(Bible Notes- God promised that one of David's descendants would occupy the throne forever (2 Sm 7:8-17; 1 Ch 17:11-14). The king and his descendants were held responsibility to keep the covenant by walking in obedience to the Lord. Since He always keeps all of His promises, the oath He swore to David would, without question, be fulfilled. The life, death, and resurrection of Jesus the anointed one is the supreme fulfillment of the Davidic covenant (see 1 Kg 8:24-25; Lk 1:32; Heb 12:2; Rv 3:21).

Vs. 13-14- What did the Lord choose and why?

Vs. 15-16- What blessings does He give Zion?

Vs. 17-18- What does the Lord say He will grow for David?

What does God say about His anointed one?

(Bible Notes- The Lord also promised to *make a horn* grow for David, indicating the great vigor of the Davidic dynasty, through which the Lord would establish His kingship and rule the earth. In the New Testament, Zechariah, the father of John the Baptist, interpreted verse 17 as a reference to the Messiah (see Lk 1: 69-75).

### **Psalm 133: Living in Harmony**

Vs. 1- What is the psalmist expressing?

Vs. 2-3- To what does he compare this harmony?

What blessing did the Lord appoint?

### **Psalm 134: Call to Evening Worship**

(Bible Notes- This final song of ascents functions as a fitting conclusion to these 15 psalms. The worshipers are called to praise the Lord with a benediction requesting the Lord's blessing on His servants. God blesses those who worship Him).

Vs. 1-2- What do these verses call for servants of the Lord to do?

Vs. 3- How is God described here?

[What does it mean that God is the Creator? | GotQuestions.org](http://GotQuestions.org)

### **Psalm 135: The Greatness of Yahweh**

Vs. 1-3- These verses are a call to \_\_\_\_\_ Yahweh. It says, Yahweh is \_\_\_\_\_ and His name is \_\_\_\_\_.

Vs. 4- What has Yahweh chosen?

[Why did God choose Israel to be His chosen people? | GotQuestions.org](http://GotQuestions.org)

(Bible Notes- Jacob and Israel both refer to God's people, His treasured possession).

Vs. 5-7- How is God's great power depicted?

Vs. 8-9- To what is the psalmist referring? (Read Exodus chapters 5-15 for historical account).

Vs. 10-11- The Israelites came up against many who wanted to defeat them, but God was their defender. What two kings are mentioned specifically?

[Who was Sihon, king of the Amorites? | GotQuestions.org](#)

[Who was Og king of Bashan? | GotQuestions.org](#)

[What is the significance of the land of Canaan in the Bible? | GotQuestions.org](#)

Vs. 12- Why is this land special to Israel?

Vs. 13- “Yahweh, Your name endures \_\_\_\_\_, Your reputation, Yahweh, through \_\_\_\_\_”.

Vs. 14- What does He do?

Vs. 15-18- How does he describe the idols so many nations worshiped?

What is said of those who create these idols?

Vs. 19-21- The Lord, Yahweh, is to be \_\_\_\_\_!

[Who was Aaron in the Bible? | GotQuestions.org](#)

[Who was Levi in the Bible? | GotQuestions.org](#)

[What was the Levitical priesthood? | GotQuestions.org](#)

### **Psalm 136: The Eternality of God’s Love**

(Bible Notes- Pulsing in every verse of this hymn of praise is a statement expressing the wonder of God’s disposition toward man: His love is eternal. Examples of God’s steadfast love and reasons for praising Him are spelled out in the remainder of this psalm).

Vs. 1- The psalm begins, “Give thanks to the Lord, for He is \_\_\_\_\_”.

[What does it mean that God is good? | GotQuestions.org](#)

Vs. 2-3- How does the psalmist recognize God?

[What does it mean that God is the God of gods and Lord of lords? | GotQuestions.org](#)

Vs. 4-25- These verses outline many wonderful things the Lord has done. Explain:

Vs. 5-

Vs. 6-

Vs. 7-

Vs. 8-

Vs. 9-

Vs. 10-15-

Vs. 16-20-

(Bible Notes- You also should praise Him as the Deliverer and Redeemer of His people (Ex 12:21-28; 14: 10-12).

Vs. 21-22-

Vs. 23-24-

Vs. 25-



Vs. 26- Jot this down:

There are so many things for which we can thank God. What are specific things in your life that you could add to this list?

### **Psalm 137: Lament of the Exiles**

(Bible Notes- The psalm reflects the disorientation that God's people experienced in exile and captivity in Babylon following the fall of Jerusalem to the Babylonians in 587/586 B.C. They felt abandoned by the Lord and tormented by their captors. Nevertheless, they retained the conviction that their lives were not fully controlled by the Babylonians (1Kg 8:48-49).

Vs. 1- This short verse paints a bleak picture. What is happening?

[When and how was Judah conquered by the Babylonians? | GotQuestions.org](#)

Vs. 2-3- He mentions their captors and tormentors. What are they asking them to do?

Vs. 4-6- Here we get a glimpse into the mind of the psalmist. What is he expressing?

Vs. 7- Who does he ask God to remember and why?

[Who were the Edomites? | GotQuestions.org](#)

Vs. 8- The psalmist speaks directly to the Babylonians. What does he say?

Vs. 9- In his anger and zeal for revenge, what does he express?

(Bible Notes- This imprecatory portion of the psalm is particularly challenging to interpret. The psalmist desired the Lord to bring judgment on the Babylonians, who had destroyed Jerusalem and taken the people of Judah captive while the Edomites, Judah's neighbor to the south, had celebrated the defeat and participated in the city's destruction. The Lord had promised retribution on both oppressors (regarding Babylon, see Is 13:1-22; 47: 1-15; Jr 50:1- 51:58; regarding the Edomites, see Ezk 25:12-14; 35:2-15; Jl 3:19; Am 1:11; Ob 10-14). The psalmist wants the Lord to fulfill judgment already prophesied against Israel's enemies, who also opposed God Himself (Is 13;16; Hs 13:16). The severity of these statements reflect the psalmist's righteous zeal in wanting to see justice served in a manner equivalent to what harm had been done to Israel).

[What does Psalm 137:9 mean when it says, "Happy is the one who seizes your infants and dashes them against the rocks"? | GotQuestions.org](#)

### **Psalm 138: A Thankful Heart**

Vs. 1- What is he proclaiming?

[What does the Bible say about thankfulness/gratitude? | GotQuestions.org](#)

Vs. 2- Why does David say he will bow down and give thanks to God?

Vs. 3- How had he experienced God's help?

Vs. 4- Who will give thanks to the Lord and why?

Vs. 5- Why will they sing of the Lord's ways?

Vs. 6- What does he say the Lord notices?

[What does the Bible say about humility? | GotQuestions.org](#)

Vs. 7-8- What does he know the Lord will do for him?

[What does the Bible say about how to find purpose in life? | GotQuestions.org](#)

### **Psalm 139: The All-Knowing Ever-Present God**

Vs. 1-5- Within these verses, we see God's personal knowledge and care for people. Explain each one and write them with yourself in mind:

Vs. 1-

Vs. 2-

Vs. 3-

Vs. 4-

Vs. 5-

Vs. 6- As David expresses here, it is hard to comprehend a God who is so personal toward us.

Vs. 7-10- What does he express?

Vs. 10- No matter where we go it says, "even there Your \_\_\_\_\_ will \_\_\_\_\_ me;  
Your \_\_\_\_\_ will \_\_\_\_\_ on to me".

Vs. 11-12- What does he say?

Vs. 13-16- These verses speak of the personal and intimate knowledge our Creator has with each person. What does each verse explain?

Vs. 13-

Vs. 14-

[What does it mean that we are fearfully and wonderfully made \(Psalm 139:14\)? | GotQuestions.org](#)

Vs. 15-

[What are the depths of the earth in Psalm 139:15? | GotQuestions.org](#)

Vs. 16-

Vs. 17-18- He marvels at the vastness of God's thoughts. What does he say?

Vs. 19-22- After marveling over God's presence, power, and Creation, he turns his prayer against his enemies. What angered him so much?

[What does the Bible say about hate? | GotQuestions.org](#)

Vs. 23-24- These verses can be a prayer for all of us. Jot these down to remember:

### **Psalm 140: Prayer for Rescue**

Vs. 1-3- What is David asking for and why?

Vs. 4-5- What were these violent men doing?

Vs. 6- What does he pray?

Vs. 7- How does he address God and why?

Vs. 8- Why does he want God to stop the plans of the wicked?

Vs. 9-10- What does he want to happen to these violent, wicked men?

Vs. 11-13- He wants all slanderers out of the land, and he concludes by noting who the Lord upholds. What does he say?

### **Psalm 141: Protection from Sin and Sinners**

Vs. 1-4- David calls out to God for help, wanting his prayers to be received as worship. What does he ask God to do?

[Why do you need to guard your heart above all else \(Proverbs 4:23\)? | GotQuestions.org](#)

Vs. 5- He asks the righteous one to strike him, not letting him fall into sin. What kind of act would this be?

Vs. 7-8- Despite the devastation they have experienced, what does he say?

Vs. 9-10- From what does he pray for protection?

What outcome would he prefer?

### **Psalm 142: A Cry of Distress** – (When David was in a cave. A prayer)

(Bible Notes- As a *Davidic Maskil*, Psalm 142 may be understood as a psalm that teaches or gives insight into practical living. This psalm is associated with a specific instance when David

was in the cave, referring to the time when David was being pursued by Saul and hid in a cave at Adullam (1 Sm. 22: 1,4) or at En-gedi (1 Sm. 24:1-22).

Vs. 1-3- What is David doing and why?

Vs. 3-4- Along the path he's traveled, his enemies have hidden a \_\_\_\_\_ for him. What feelings does he express?

(Bible Notes- This psalm models a way to pray through overwhelming feelings of isolation and vulnerability. Although most people have experienced the sense of being all alone with no one to notice or care about them and their troubles, hope is available only to those who recognize that the Lord knows both what they are going through and what the outcome will be (1 Pt 5:7).

Vs. 5-7- He cries out to the Lord. What does he pray?

Vs. 5-

Vs. 6-

Vs. 7-

David knew God would listen, rescue, and give help in his times of great need. We, too, can cry out to God. We are not alone!

### **Psalm 143: A Cry for Help**

(Bible Notes- This Davidic psalm is the last of the seven designated by the ancient church as penitential psalms.)

Vs. 1- As David begins this prayer, what characteristics of God does he mention?

Vs. 2- What does he ask and why?

[What is righteousness? | GotQuestions.org](http://GotQuestions.org)

Vs. 3-4- What hardship does he experience and bring to the Lord?

Vs. 5- What helps him as he endures these hardships?

Vs. 6- He comes to God openly and vulnerable. How does he describe himself?

Vs. 7-10- Within these verses David yearns for God's intervention and models how we can approach God in prayer. What does he pray?

Vs. 7-

Vs. 8-

Vs. 9-

Vs. 10-

[How can I know when God is telling me to do something? | GotQuestions.org](https://www.gotquestions.org/How-can-I-know-when-God-is-telling-me-to-do-something.html)

[How can I know God's will for my life? What does the Bible say about knowing God's will? | GotQuestions.org](https://www.gotquestions.org/How-can-I-know-Gods-will-for-my-life-What-does-the-Bible-say-about-knowing-Gods-will.html)

Vs. 11-12- Again, he reveres God for His faithfulness and righteousness. What does he pray in these final verses?

### **Psalm 144: A King's Prayer**

Vs. 1-2- David describes God in six different ways. What does he say?

Looking at these descriptive words attributed to God, how can we understand God's character a bit more:

*My Rock-*

*My Faithful Love-*

*My Fortress-*

*My Stronghold-*

*My Deliverer-*

*My Shield-*

Vs. 3-4- A valid question. What does he ask and why?

(Bible Notes- David marvels that such an almighty, eternal God even gives man a thought. Human beings are like a fleeting breath; a person's lifetime passes like a shadow.)

Vs. 5-7- David prays confidently that God's power can help him against his enemies. What does he express in these verses?

Vs. 5-

Vs, 6-

Vs. 7-

[How to pray? What is the proper way to pray? | GotQuestions.org](http://GotQuestions.org)

Vs. 9-11- Why does David say he will sing praise to God?



Vs. 12-15- He boasts of blessings God will provide. What does he describe in each verse?

Vs. 12-

Vs. 13-

Vs. 14-

Vs. 15-

(Bible Notes- The prosperity of the people in times of peace is as much God's work as God's deliverance of His people in times of war. In ancient Hebrew thought, material prosperity indicated God's blessing on His people. Furthermore, having children, especially sons, indicated God's rich blessing. Thus the Davidic king prayed for vigorous sons and stately daughters, for bountiful crops and multiplied flocks, and for peace in the land.)

[What is a blessing according to the Bible? What does the Bible mean by bless? | GotQuestions.org](http://GotQuestions.org)

### **Psalm 145: Praising God's Greatness**

Vs. 1-2- What three verbs does David use in his prayers to God?

Vs. 3- How does he describe Yahweh?

Vs. 4-7- God's greatness must be shared with every generation. What will he tell about God?  
Explain:

Vs. 5-

Vs. 6-

Vs. 7-

Vs. 8-9- These verses are beautifully written depicting the character of God. Jot these down:

Vs. 10-12- What response will people have to their God?

Vs. 13- The Lord and His kingdom are described here. What does it say?

Vs. 14-16- How does God show His faithful love and gracious actions? Explain:

Vs. 14-

Vs. 15-

Vs. 16-

Vs. 17-20- These verses show God's righteousness and His gracious acts. Explain:

Vs. 18-

Vs. 19-

Vs. 20-

Vs. 21- What should every living thing do?

**Psalm 146: The God of Compassion**

Vs. 1-2- To whom and what has he devoted his life?

Vs. 3-4- Why does he say not to put your trust in other people?

Vs. 5-6- How can people find true happiness?

How does he describe God?

[Why does God refer to Himself as the God of Abraham, Isaac, and Jacob? | GotQuestions.org](http://GotQuestions.org)

Vs. 6-9- These verses show the compassion of God. Explain:

Vs. 6-

Vs. 7-

Vs. 8-

Vs. 9-

Why does God frustrate the ways of the wicked?

Vs. 10- What does he celebrate?

### **Psalm 147: God's Restoration of Jerusalem**

Vs. 1- How does he describe praise to God?

Vs. 2-6- These verses speak of God's power and personal affection for all His creation. Explain:

Vs. 2-

Vs. 3-

Vs. 4-

Vs. 5-

Vs. 6-

Vs. 7-9- Why is the psalmist celebrating and praising God?

If God sees even the needs of ravens and animals, how much more does He see and care for your needs? (Read Jesus' words in Matthew 6:25-34).

Vs. 10-11- What do these verses say about what God is and is not interested in?

Vs. 12- Who is he addressing and what does he say?

Vs. 13-14- What blessings does he give them?

Vs. 15-18- What forces of nature are described here to demonstrate God's power?

Vs. 19-20- What had God done for Jacob (Israel) alone, and not for other nations?

[Why did God choose Israel to be His chosen people? | GotQuestions.org](https://www.gotquestions.org/Why-did-God-choose-Israel-to-be-His-chosen-people.html)

### **Psalm 148: Creation's Praise of the Lord**

Vs. 1-12- These are verses of praise and depict what, who, and where God is due praise. Explain:

Vs. 1-

Vs. 2-

Vs. 3-

Vs. 4-

Vs. 5-

Vs. 6-

Vs. 7-

Vs. 8-

Vs. 9-

Vs. 10-

Vs. 11-

Vs. 12-

Vs. 13- Why is He due all praise?

Vs. 14- How are the Israelites described?

### **Psalm 149: Praise for God's Triumph**

Vs. 1-5- These verses declare praise to God! How is this expressed?

Vs. 4- “Yahweh takes pleasure in His people; He adorns the \_\_\_\_\_ with \_\_\_\_\_.”

Vs. 6-9- (Bible Notes-The praise of God extends beyond singing and shouting to the actions involved in being instruments of His judgment upon those who have defied His rightful rule. (cp Pss 2; 9:8; 47:3; Rv 20:4). Total victory ultimately belongs to the Lord).

These verses declare Israel carries out the judgments that others decreed against them (9). What does it say they will do to their enemies?

### **Psalm 150: Praise the Lord**

Vs. 1-6- These verses say when, why, and how we can express praise to God. Explain:

Vs 1-

Vs. 2-

Vs. 3-

Vs. 4-5-

Vs. 6- Jot this down:

[Book of Psalms Summary | Watch an Overview Video](#)